

# WHAT TO BRING

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## NECESSARY ITEMS

Completed Personal Health and Medical Record, including parent and physician signatures and accurate immunization dates.  
Medication, if needed, with current dosage/instruction label and Scout's name/troop #  
Inhaler or bee-sting kit, if needed  
Sleeping bag or blankets and pillow  
Boy Scout Handbook  
Scout Uniform  
Underwear  
Socks  
Sneakers (enclosed toe shoes must be worn at all times for safety)  
Hiking Boots (enclosed toe shoes must be worn at all times for safety)  
Shorts and T-Shirts  
Pajamas  
Sweater or Sweatshirt  
Windbreaker or Jacket  
Raincoat or Poncho  
Swim Trunks  
Towel  
Toiletries (toothbrush, toothpaste, comb, mirror, soap, shampoo, deodorant)  
Washcloth and hand towel  
Flashlight & Spare batteries  
Kleenex or handkerchief  
Insect Repellent  
Backpack  
Wallet & money for Trading Post purchases (Trading Post does not hold accounts)

## RECOMMENDED FOR OUTPOST CAMPING

Plastic ground cloth  
Camp eating utensils  
Canteen or water bottle  
Compass  
Pocketknife and valid Totin' Chip Card  
Matches in waterproof container  
Personal First-Aid kit

## OPTIONAL

Fishing Pole (Bait provided by camp)  
Prayer book, Bible, or other reading material  
Musical instrument  
Camera and film  
Swim fins/facemask  
Sunglasses and sunscreen  
Watch or alarm clock